

are creating more diseases with their over drugging than they're helping to cure?

In 1900 America was a Christian nation. Less than 2% of our population got cancer. Today 42% of our population gets cancer. Do you think there is a connection?

Do you believe God's Laws of curses and blessings are still in effect today? Do you think it's high time Christians began to be lights to the world in every area of life, including health? Do you think it's time for the churches of our land to begin teaching the biblical truth about junk food, unclean meats, sorcery, psychotropic drugs, the false doctrines of the Church of modern-day drug medicine, the myth of immunization, the true cause of cancer, heart disease and disease itself, false science, unnecessary surgery, murder in the womb, the false god of drugs, and Satan's angels of light pretending to be ministers of good inside our so-called health care system, food industry, farming and much more?

Is it high time that our Churches become armies for Christ's soldiers rather than entertaining and amusement centers for the weak at heart?

Is it time that our Churches begin to convert every area of life from the false doctrines of humanism to the victorious truth of God's Living Word? Is it time for us to repent of our sinful ways and begin a new way of life?

Published by

Abunda Life Church

Medical Nutrition Testing Clinic

208 Third Avenue (steps to ocean), Asbury Park, NJ 07712

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AbundaLife.com

“IS IT OKAY FOR A CHRISTIAN TO EAT ANYTHING HE OR SHE WANTS?”

***What about junk food, pork, shrimp,
lobster, clams, rats, cats, dogs and
skunks?***

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“I have come that ye may have life and have it more abundantly.” —John 10:10

“YE ARE THE LIGHT OF THE WORLD”

(Matthew 5:14)

The Church and every single Christian is commanded by Our Lord Jesus Christ to be a light to this fallen, dark world.

To be a light means to be a living example of what it means to apply God’s Word to every area of your life. This includes the area of physical, mental and spiritual health.

Why would anyone in their right mind want to become a Christian in our modern age unless there was a compelling reason, a real live example of its benefits, sensible, practical and effective application? God’s Word says: “Bless the Lord, O my soul, and all that is within me bless His Holy Name. Bless the Lord, O my soul, and forget not His benefits.”

Yes, there are incredible benefits of being a believer, a born-again follower of the Lord – what are some of those benefits?

“Who forgiveth all thine iniquities – who healeth all thy diseases” (physical, mental, spiritual).

“Who redeemeth thy life from destruction (now and in eternity), who crowneth thee with loving kindness and tender mercies” (by making a way for you to have a direct relationship with your Creator).

“Who satisfieth thy mouth with good things” (excellent nutrition for your body and soul) “so that thy

best to learn how to maintain it. Far too many antinomian churches and church leaders have failed to pay heed to sensible biblical health principles and are paying the same price with the rest of the world and the hell-bent society that we live in.

In 1950 America was still a Christian nation. At that time, we were first in longevity and first in health in the entire world. Today we are living in a post-Christian humanistic nation. We are presently 42nd in longevity and 99th in total health. Do you believe that God’s Word is a living Word? Read the 28th chapter of the Book of Deuteronomy. You’ll be amazed.

At one time every major university, every hospital, every health care facility in the US was a Christian institution – bought, paid for and built by Christian men and women. Even the YMCA’s of our land were Christian. What do we have today? Abortionists, drug pushers and moneychangers run our health care system. Holistic (body, mind, spirit) medicine that should have been spearheaded by Christians was resisted by antinomian church leaders. As a result, the vacuum was filled with the New Age movement, Hinduism and Eastern philosophy. Talented Christians were left outside, looking in.

Has the Church forgotten the great commission by our Lord and Master Jesus Christ: “Teaching them to observe all things whatsoever that I have commandeth you” (Matthew 28:26)? Does “all things” include physical, mental and spiritual health and healing? Have we relegated this responsibility to the ministers and minions of Hell who murder children in cold blood and call it a medical procedure? To doctors of the soul who use sorcery-type drugs to put our children in la-la land and make zombies out of all of us? Who

bars, bagels, baloney sandwiches, Big Macs, “Finger-lickin’ Good” and “Things Go Better With Coke” are real food!

We are what we eat. America is number one in cancer, heart disease, stroke, Alzheimer’s, chronic fatigue, ADD, diabetes, obesity and most other degenerate diseases. Most spend the last eight years of their lives in old people’s homes hooked up to wires. Christians who were called out of this world (Revelations 18:4) into the newness of life (Romans 6:4) and the newness of spirit (Romans 7:6) seem to be like Lot’s wife, who couldn’t get her heart out of Sodom (Genesis 19:26).

We are creating our own diseases, digging our own premature graves with our own forks, spoons and knives. God’s Word condemns gluttony and drunkenness (Proverbs 23:21; Deuteronomy 21:20; Luke 7:34). Most Christians are eating four to eight times what their digestive systems can efficiently process. The result is we suffer the same diseases of the society around us. Don’t think for a moment that Satan and his ministers and minions and angels of light aren’t involved in this destruction and confusion. He is out to destroy the Church of God and every born-again believer that he can, any way he can (II Corinthians 11:14).

The Bible is not a nutritional textbook. It’s not going to tell you not to drink “Things Go Better With Coke.” But it gives you the overall transcendent principles to live by. The foundation principle of good health is: “Your body is a temple of God” (I Corinthians 6:19). You have a responsibility to take care of it to the best of your ability.

God gave you a mind to think, explore and learn the laws and principles of health, nutrition and high-level wellness. This is our domain and our responsibility. If you own an automobile or other expensive piece of equipment, it’s

youth is renewed like the eagles”
(true health, wellness and longevity).

Among other things, the Christian should be an example in his/her community of excellent health. Christ in a real physical world calls you to be a light. Your body is not your property. It has been bought and paid for by your Lord and Master (1 Corinthians 6:20). Furthermore, your body is the New Testament temple that houses the living Spirit of God (1 Corinthians 3:16).

Unfortunately, most Churches and Christians are not good lights or examples to a sick society that needs help. They resemble a kennel of sick puppies rather than a zenith of health, wellness, nutritional soundness and fitness.

Most Christians are at least as sick as or even sicker, weaker, fatter and more fatigued than the rest of society... Where is our obedience to Our Lord to be a light to the world? (Matthew 5:14) You can’t be a light to the world in the recesses of your own mind or in your church basement. That’s not the real world we’re living in. Christianity is a worldview that encompasses every arena of life – physically, mentally and spiritually (1 Thessalonians 5:23).

AS GOD GIVEN US DIETARY COUNSEL?

Many Christians and non-Christians are surprised to learn that God has devoted two chapters of the Bible to meats and fish that we can and cannot eat.

These two chapters are known as the dietary laws given to Israel. They are found in Leviticus Chapter 11 and Deuteronomy Chapter 14.

Antinomian preachers teach that these laws are done away with. But how can laws of health be done away with? Nowhere in the entire Bible, New Testament or Old, are these God-given laws repudiated. Most people have never even read them. Let's take a look at them.

Leviticus 11

¹AND THE Lord said to Moses and Aaron,

²Say to the Israelites: These are the animals, which you may eat among all the beasts that are on the earth.

³Whatever parts the hoof and is cloven-footed and chews the cud, any of these animals you may eat.

⁴Nevertheless these you shall not eat of those that chew the cud or divide the hoof: the camel, because it chews the cud but does not divide the hoof; it is unclean to you.

⁵And the Coney or rock badger, because it chews the cud but does not divide the hoof; it is unclean to you.

⁶And the hare, because it chews the cud but does not divide the hoof; it is unclean to you.

⁷And the swine, because it divides the hoof and is cloven-footed but does not chew the cud; it is unclean to you.

⁸Of their flesh you shall not eat, and their carcasses you shall not touch; they are unclean to you.

⁹These you may eat of all that are in the waters: whatever has fins and scales in the waters, in the seas, and in the rivers, these you may eat;

¹⁰But all that have not fins and scales in the seas and in the rivers, of all the creeping things in the waters, and of all the living creatures, which are in the waters, they are [to be considered] an abomination and abhorrence to you.

We must keep in mind that uncleanness is a religious fact, which affects men totally. Diet is very personal and, in a sense, very private. No matter how publicly we may dine, what we eat is governed by our particular tastes and it affects us personally. When we speak, our words can please or hurt others, inform or misinform them. When we eat, however, we affect our personal health, not public health, whereas our words can have a clear public impact. Eating is thus in a sense a very private affair.

To the Christian, every detail of life must be governed by the Word/Law of God and lived to the glory of God. This includes what we choose to eat, what we do not eat, our exercise, food supplementation and our lifestyle. Why would any Christian attempt to do an end-run around God's dietary laws?

IS IT OKAY FOR A CHRISTIAN TO OVEREAT, GET DRUNK, OVERSTUFF, OR EAT JUNK FOODS?

We are all in a learning process. The last two generations have been conditioned to junk foods. Most Christians live like the rest of the world and have been brought up on junk food.

Some of my patients have never eaten a health salad or drunk a raw vegetable juice in their entire life. We are overstuffed junk-food junkies, just like the rest of the world. Some Christians believe that Whoppers, golden fries, chemical shakes, Dunkin' Donuts, Pizza Hut, salami, Taco Bell, Wonder Bread, Starbucks, Baskin Robbins, Cheese Whiz, "This Bud's For You," Skippy peanut butter, "Breakfast of Champions," Snap, Crackle & Pop, McNuggets, Pop Tarts,

cause they were gentiles is biblically invalid. Yet, this is what the religious teachers taught. Peter recognizes the point of his vision is not pork chops, shrimp scampi, or diet, but the world mission of the Church, the common standing of all believers in Christ.

Another scripture used to justify eating unclean animals and seafood is **1 Corinthians 10:23**. Here again the issue is not dietary laws; it is meat offered to idols and then sold in the shambles, the meat markets of the day. Paul is discussing the legitimacy of eating meats, which as a matter of course in gentile cities were butchered before pagan altars and subsequently sold.

The issue is not forbidden meats. It is whether the animals were properly killed and bled. In short, okay to eat if killed at a pagan altar. This is a very different question, as Paul sees it. The question is this: Is the pagan idol something and does a man who eats the meat as food participate in the pagan sacrifice? To introduce another meaning into this passage is not valid.

A fourth text sometimes cited by pork lovers is **Titus 1:15**: “Unto the pure all things are pure, but unto them that are defiled and unbelieving nothing is pure, but even their mind and conscience is defiled.” There is no reference in this passage to diet. The reference addresses Jewish fables (Titus 1:14), which denied the fact that all things were created by God “very good” (Genesis 1:31).

A fifth text is **1 Timothy 4:1**. The practices Paul condemns are ascetic celibacy and vegetarianism, both aspects of Eastern thought moved westward – similar to what we have today. To use such a text to justify hog eating is straining for excuses to set aside God’s dietary laws.

¹¹They shall continue to be an abomination to you; you shall not eat of their flesh, but you shall detest their carcasses.

¹²Everything in the waters that has not fins or scales shall be abhorrent and detestable to you.

¹³These you shall have in abomination among the birds; they shall not be eaten, for they are detestable: the eagle, the ossifrage, the osprey,

¹⁴The kite, the whole species of falcon,

¹⁵Every kind of raven,

¹⁶The ostrich, the nighthawk, the sea gull, every species of hawk,

¹⁷The owl, the cormorant, the ibis,

¹⁸The swan, the pelican, the vulture,

¹⁹The stork, all kinds of heron, the hoopoe, and the bat.

²⁰All winged insects that go upon all fours are to be an abomination to you;

²¹Yet of all winged insects that go upon all fours you may eat those, which have legs above their feet with which to leap on the ground.

²²Of these you may eat: the whole species of locust, of bald locust, of cricket, and of grasshopper.

²³But all other winged insects which have four feet shall be detestable to you.

²⁴And by [contact with] these you shall become unclean; whoever touches the carcass of them shall be unclean until the evening,

²⁵And whoever carries any part of their carcass shall wash his clothes and be unclean until the evening.

²⁶Every beast, which parts the hoof but is not cloven-footed or does not chew the cud, is unclean to you; everyone who touches them shall be unclean.

²⁷And all that go on their paws, among all kinds of four-footed beasts, are unclean to you; whoever touches their carcass shall be unclean until the evening,

²⁸And he who carries their carcass shall wash his clothes and be unclean until the evening; they are unclean to you.

²⁹These also are unclean to you among the creeping things [that multiply greatly] and creep upon the ground: the weasel, the mouse, any kind of great lizard,

³⁰The gecko, the land crocodile, the lizard, the sand lizard, and the chameleon.

³¹These are unclean to you among all that creep; whoever touches them when they are dead shall be unclean until the evening.

³²And upon whatever they may fall when they are dead, it shall be unclean, whether it is an article of wood or clothing or skin (bottle) or sack, any vessel in which work is done; it must be put in water, and it shall be unclean until the evening; so it shall be cleansed.

³³And every earthen vessel into which any of these [creeping things] falls, whatever may be in it shall be unclean, and you shall break the vessel.

³⁴Of all the food [in one of these unclean vessels] which may be eaten, that on which such water comes shall be unclean, and all drink that may be drunk from every such vessel shall be unclean.

³⁵And everything upon which any part of their carcass falls shall be unclean; whether an oven, or pan with a lid, or hearth for pots, it shall be broken in pieces; they are unclean, and shall be unclean to you.

³⁶Yet a spring or a cistern or reservoir of water shall be clean; but whoever touches their carcass shall be unclean.

³⁷If a part of their carcass falls on seed, which is to be sown, it shall be clean;

men, the commandments of men, the ideas and philosophy of men, not changing God's Law. The Lord said they were "making the Word of God to none effect." The Pharisees had reduced uncleanness to strictly the physical realm, thereby supplanting God's Law with their own tradition.

Jesus taught that uncleanness begins in the heart and His disciples were not unclean, whereas the punctilious Pharisees and scribes were. To attempt to read more into the text is invalid, intellectually dishonest and biblically incorrect. Had Our Lord meant pork was now okay or "kosher," the religious leaders would have charged him with contempt of God's Law. On the contrary, however, he charged the scribes and Pharisees with exchanging God's Law for their traditions.

The next scripture that is often used by antinomian preachers and churchmen to justify their hog-eating is **Acts 10:15**. When you read this scripture in its entirety and not attempt to read something into it, you must acknowledge that Peter's vision is not a permission to eat forbidden meats or fish. It was not by any means an abrogation of God's dietary laws. It was a symbolic vision.

This Bible passage is historical in the Church of God. It is the destruction of the nationalistic separation of the gentiles. Prior to this time, the Christian Church consisted primarily of Jews. Many Jews thought that one had to become a Jew first before they could become a Christian. This was, of course, a false doctrine.

Peter clearly defines his vision in Acts 10:34: "I perceive that God is no respecter of persons, but in every nation he that feareth Him and worketh righteousness is accepted with Him." That is the sum and substance of this passage – nothing more, nothing less. To treat all Jews as clean just because they were Jews and all gentiles as unclean just be-

man wants to make his own laws, do his own thing, be his own god (Genesis 3:6).

We cannot separate what we call the Old from the New Testament and call it Christianity. We cannot even understand the New Testament without first understanding the Old. We cannot build a doctrine on a Bible passage out of context. Once we do that, we can twist scriptures to mean anything. We must allow the entire Bible to interpret itself. That's how we develop doctrine. We then must apply those doctrines to every arena of our lives. In short: Obey what God's Word clearly commands.

There are three or so New Testament texts that antinomian preachers and churchmen use in an attempt to do an end-run around God's dietary commands. In short: to justify their swine-eating, lobster, shrimp, pork chops and other unclean foods. Let's look at those three scriptures and put them in the light of their context.

Mark 7:15: "There is nothing from without a man that entering into him can defile him." What is Jesus really saying here? Does He mean eating and drinking poison or human feces will not defile us? Is He changing dietary laws that were in effect for fifteen centuries?

By taking the text out of context, the text is misinterpreted. This is what antinomians do all the time. They create confusion and often bring a curse on themselves.

What is the issue of this text? The criticism by the Pharisees and scribes of the disciples for eating bread with unwashed hands (Mark 7:2). Thus, it was not doing away with God's dietary laws that were in effect from the foundation of the earth. It was not the abrogation of the Book of Leviticus. It was not an OK to eat pork chops, bacon, shrimps, clams, lobsters, rats and skunks. What was under discussion was the tradition of the elders – in effect, the traditions of

³⁸But if any water be put on the seed and any part of their carcass falls on it, it shall be unclean to you.

³⁹If any animal of which you may eat dies [unslaughtered], he who touches its carcass shall be unclean until the evening.

⁴⁰And he who eats of its carcass [ignorantly] shall wash his clothes, and be unclean until the evening; he also who carries its carcass shall wash his clothes, and be unclean until the evening.

⁴¹And everything that creeps on the ground and [multiplies in] swarms shall be an abomination; it shall not be eaten.

⁴²Whatever goes on its belly, and whatever goes on all fours, or whatever has more [than four] feet among all things that creep on the ground and swarm you shall not eat; for they are detestable.

⁴³You shall not make yourselves loathsome and abominable [by eating] any swarming thing that [multiplies by] swarms, neither shall you make yourselves unclean with them, that you should be defiled by them.

⁴⁴For I am the Lord your God; so consecrate yourselves and be holy, for I am holy; neither defile yourselves with any manner of thing that multiplies in large numbers or swarms.

⁴⁵For I am the Lord Who brought you up out of the land of Egypt to be your God; therefore you shall be holy, for I am holy.

⁴⁶This is the law of the beast, and of the bird, and of every living creature that moves in the waters, and creeps on the earth and multiplies in large numbers,

⁴⁷To make a difference (a distinction) between the unclean and the clean, and between the animal that may be eaten and the animal that may not be eaten.

Deuteronomy 14

¹YOU ARE the sons of the Lord your God; you shall not cut yourselves or make any baldness on your foreheads for the dead,

²For you are a holy people [set apart] to the Lord your God; and the Lord has chosen you to be a peculiar people to Himself, above all the nations on the earth.

³You shall not eat anything that is abominable [to the Lord and so forbidden by Him].

⁴These are the beasts, which you may eat: the ox, the sheep, and the goat,

⁵The hart, the gazelle, the roebuck, the wild goat, the ibex, the antelope, and the mountain sheep.

⁶And every beast that parts the hoof and has it divided into two and brings up and chews the cud among the beasts you may eat.

⁷Yet these you shall not eat of those that chew the cud or have the hoof split in two: the camel, the hare, and the coney, because they chew the cud but divide not the hoof; they are unclean for you.

⁸And the swine, because it parts the hoof but does not chew the cud; it is unclean to you. You shall not eat of their flesh or touch their dead bodies.

⁹These you may eat of all that are in the waters: whatever has fins and scales you may eat,

¹⁰And whatever has not fins and scales you may not eat; it is unclean for you.

¹¹Of all clean birds you may eat.

¹²But these are the ones, which you shall not eat: the eagle, the vulture, the osprey,

¹³The buzzard, the kite in its several species,

¹⁴The raven in all its species,

¹⁵The ostrich, the nighthawk, the sea gull, the hawk of any variety,

¹⁶The little owl, the great owl, the horned owl,

¹⁷The pelican, the carrion vulture, the cormorant,

¹⁸The stork, the heron of any variety, the hoopoe, and the bat.

¹⁹And all flying insects are unclean for you; they shall not be eaten.

²⁰But of all clean winged things you may eat.

²¹You shall not eat of anything that dies of itself. You may give it to the stranger or the foreigner who is within your towns, that he may eat it, or you may sell it to an alien. [They are not under God's law in this matter] but you are a people holy to the Lord your God. You shall not [even] boil a kid in its mother's milk.

WHAT ABOUT THE NEW TESTAMENT PASSAGES THAT ANNULS THE OLD TESTAMENT DIETARY LAWS?

I gave a sermon at a church on the spiritual connection of God's Word to our health. Junk foods, no-no foods and unclean meats and fish (God's dietary laws) were included in my talk.

After my talk two women came up to me. One said she was brought up eating pork and insisted that she turned out all right. The other said that her Bible said as long as you blessed the food it was okay to eat.

A Bible text without a context is a pretext. It is not unusual for antinomian church people to create entire false doctrines on scriptures taken out of context. If you've wondered why we have 400 denominations in so-called Christianity, this is one of the primary contributors. It seems that